



GHCA Music Integration Program for Seniors (MIPS) Best Practices

- Leadership pledges full commitment to interdisciplinary program requirements and ensures adequate resources to promote success
 - Program is regularly referenced at team meetings, in-services, family meetings and in care plan meetings
 - Program evaluation is a part of the facility assessment and quality assurance program
 - Administrator or designee conducts regular meetings with the Program Champion to evaluate program needs and impact
- A Program Champion(s) is identified but all staff are aware of the program and understand how they can support the program's success
 - Program Champion(s) should be enthusiastic and passionate about the program. The role should not automatically default to Activities—you should identify the person best suited to promote program adoption and sustainability
 - Incorporate MIPS responsibilities into job descriptions
 - Incorporate MIPS into orientation program
 - Incorporate MIPS program success and impact into job evaluations
- Include information about the MIPS program into admission packet, family & resident updates and care plan meetings
- Educate family members, representative and volunteers on how they can actively engage in the program, contribute to playlists and use equipment
- Incorporate an employee life story/bio that highlights employees preferred music into the MIPS employee orientation process to encourage understanding and adoption of the program
- Utilize the MIPS program as a formal volunteer program
 - Provides a great opportunity for students of all ages to engage in a variety of areas of program support, i.e., creating playlists, developing a video to use for staff orientation, creation of resident bios to assist with playlist development
 - Family and representatives can assist with one on one activities using music, group events, equipment drives
 - Local community organizations can adopt the MIPS program as an organizational support
 - Designate outreach volunteers to lead individual, corporate and organization volunteer recruitment and sponsorships

- Leverage the MIPS program to engage family and resident to provide a bio or life story that can be used to develop a preferred music library. This will also help the staff get to know the resident and will assist in the development of a person-centered care plan. Use a template for ease of completion. Allow narrative responses but include leading questions as well, e.g., Share your favorite travel destination and why; What genre of music makes you feel the happiest? Why do you think that is? Do you associate that genre with certain memories or key life events? If so, can you share those?
- Collaborate with the local high school's health occupation program and college and career academies to incorporate [Dementia education using Competency Guide developed by the Georgia's GARD Workforce Committee](#) and the MIPS program into the curriculum. Design a clinical rotation complement for students that includes the MIPS program.
- Do not limit internships, job shadowing opportunities or student volunteer opportunities to health care majors. Consider human service areas of study, nutrition, wellness, information technology and others.
- Allow the staff to design workflows, equipment maintenance and bathing tips to ensure all staff on all shifts understand who has a personalized care plan for music, where to access the equipment and how and when to use.
- Include infection control training specific to disinfection of MIPS equipment, hand hygiene before and after use and appropriate storage. Incorporate evaluation of IC practices into infection prevention and control program.
- Identify and designate technology coaches/ambassadors on various shifts to assist residents, staff and family members with equipment function and maintenance and to ensure consistency in the implementation of the program.
- Engage residents and staff to develop a dining playlist for the day.
- Begin and end in-services and staff meetings with music and highlight the employee or resident's playlist from which you made music selections to emphasize the important role that music can play in every area of center life.